

 THE DIOCESE
OF BIRMINGHAM



'GROWING GIFTS'

SILENT RETREAT

'Meeting Jesus the Living Well'

13th - 15th MAY 2011

at

SHALLOWFORD HOUSE

(near Stafford)

Do you long for more time with God?

Have you enjoyed the experience of a Quiet Day in the past?

Have you thought about going on a retreat, but never been quite sure where to go, or what to do?

What about a weekend away, with guidance, to be alone with God?

We have designed this weekend retreat with beginners in mind... why not give it a try?

This retreat will be led by the Revd Rob Hingley, an experienced retreat guide and spiritual director, who has led Growing Gifts Quiet Days and the Silent Retreat in the past. Rob will be joined by experienced guides, Juliet Fletcher and Ruth Chatfield for the weekend.

What you can expect from this weekend:

- Silence to be with God
- Space to rest and listen
- Guidance on how to pray in the silence
- Group guidance on meditating on passages of scripture, including the Woman at the Well in St John's Gospel
- Opportunity for private, personal guidance
- Opportunity to work with paint and clay
- Good food and comfortable single bedrooms

On Friday evening, after the meal, there is an introductory session. After that, there will be silence throughout the retreat, except for worship and sessions with a prayer guide.

Venue: Shallowford House

Shallowford House is the Lichfield Diocesan Retreat House. It has 27 individual rooms, including several on the ground floor. There are various lounges, meeting rooms and a chapel. Meals are taken in the dining room; tea and coffee facilities are available in between times. The house has spacious grounds and there are good country walks round about. Although a railway line runs nearby, the neighbouring road receives little traffic, and the gardens overlook fields.

Address & Website details:

Shallowford House Shallowford Stone Staffs ST15 0NZ
www.shallowfordhouse.org

Date & Time:

Friday 13th May 2011, arrival between 5pm and 6.45pm - the retreat begins with dinner at 7pm. The retreat finishes at 5pm with tea on **Sunday 15th May**.

Cost:

£140.00 per person - a deposit of £ 40.00 is required by Friday 25th February. The balance of £100 will be due by 15th April. If you wish to attend this retreat please complete the application form as soon as possible and return to Andrea Stevens (address below). **All are welcome to apply, however, priority will be given to those who have not attended a silent retreat before)**

Extra Info:

Please take your own towels, toiletries, bible and notebook

Further Details :

Please contact Andrea Stevens at the Diocesan Office
175 Harborne Park Road, Harborne, Birmingham B17 0BH
☎ 0121 426 0429 - Email: a.stevens@birmingham.anglican.org
A programme for the retreat and travel directions will be sent out nearer the time.