

St James, Aston (Advice Centre)

Provides advice and assistance to anyone who needs.

St Paul, Balsall Heath

Balsall Heath Church Centre (St Paul's Balsall Heath and Balsall Heath URC working in partnership) run an Elderly Day Care Centre Mon-Fri 10.30-2.30.
Contact Norma Brookes, tel: 0121 440 1138.

St Paul Crossover, Bordesley Green

HOOPS offer elders' advice service working out of Crossover. Tel: 0121 771 1561

Christ Church, Burney Lane

Runs an Over 60's day centre on Thursdays at Christ Church.
Contact Peter Smith e-mail: ps012f4033@blueyonder.co.uk

St Andrew, Chelmsley Wood

Has a midweek Holy Communion at 11.00 am on Wednesdays. From May onwards, on the first Wednesday of each month, the service will be followed with a light lunch, which will then be followed (for any who would like to stay) by a Bible study.
For further information, jeremyfathers@btinternet.com or telephone 0121 770 5155

The Parish of Cofton Hackett and Barnt Green

Monday Fellowship for Retired People, main meetings are normally on the second Monday of the month at 2.30pm in the Parish Centre, Sandhills Road, Barnt Green. There is usually a visiting speaker, plus time for refreshments and conversation. There are also walks and outings to the cinema, gardens, or country houses. Further details from Chris and Denise Evans on 01564-822396, or Pam Bridgewater on 0121-4454764.

St Leonard, Dordon

Holds a communion service for older people at a residential home once a month. Simple communion service with hymn singing. All are invited to come along. On another Thursday during the school term the children from Dordon Community Primary School come and sing to the residents and there is a short talk and prayers as well. This date varies according to the school diary, Thursdays 10.30am
Venue: Linden Lodge, Browns Lane, Dordon, Tamworth.
The week of the month varies so contact should be made with: Rev Val Hicks 01827 89229 Email: val@hicksres.plus.com.

St Thomas, Garretts Green

Has provision for the elderly every Wednesday from 10.30 – 3 pm. This is a meal and social activities. During holiday times we also run Holiday at Home, which is a play scheme for the elderly.

Community Regeneration Worker, Adam Larkin E-mail: adam@st-thomas.fslife.co.uk

St Bede's, Hazlewell

Runs a Leisure club for elders on Thursday afternoons. Contact Rita Kelly, tel 443 4140. Also a Lunch Club on Fridays from 12-2, contact Jenny Corless tel 444 4094.

All Saints, Kings Heath

Runs a Lunch Club for old people. This currently caters for over 35 regular users.

The main focus is lunch, provided for a nominal charge, but there are also regular talks and other activities, and the social function of the Lunch Club is as important as any other aspect. Lunch Club Wednesdays 12.30, preceded by service of Holy Communion in church at 11.30 for those who wish to attend. Tel:0121 443 4421

St Mark & St Luke, Kingstanding

Both Saint Mark's and Saint Luke's are involved with elderly people on a daily basis. Contact Keith Airey, Community Development Officer, Saint Luke's Church Centre, Tel: 0121 354 2782 Mobile 07903408015 email: keith@kingcomdev.com

St. John's and St. Peter's, Ladywood

St John's Day Centre and Lunch Club is run for the elderly. Open Monday to Thursday. Contact the Manager, Raymond Price Tel: 0121 454 4615.

St Mark, Londonderry

St Mark's Community project works with the elderly - they have a luncheon club + activities Tues - Fri, 11am - 2.30pm, and have a meals delivery service every day, to elderly/frail/housebound members of the local community. The activities include Extend Exercise sessions, craft work, painting, board and card games, bingo. Manager, Marie Stott tel: 0121 420 3653

St Giles, Sheldon

Dayout Club. A monthly (first Thursday of each month) day out for those who are housebound. We provide transport, all refreshments including lunch and sandwiches to take home, entertainment, outings and a Communion Service. The club takes people only from the Sheldon area (there can be a waiting list at times). Unfortunately we cannot provide assistance for lifting etc., or responsibility for administering medication. Contact Mrs June Tudor 0121 743 4743 email admin@stgillessheldon.org

St John, Sparkhill

The charity Narthex Sparkhill runs a senior citizens lunch club every Tuesday 9.30am - 1.00pm there is a charge. Enquiries to Narendar at Narthex Sparkhill, tel: 0121 722 0909.

St Mary, Temple Balsall

Has a centre for the care of the older people in supported housing and residential care. Contact the Head of Supported housing and residential care 01564 778022, or the Foundation Office 01564 772415

St Peter, Tile Cross

St Peter's Community Project runs a Day Centre and a Lunch Club for the elderly. They run Day Care Monday, Wednesday, Thursday and Friday, and Lunch Club on Tuesday, Wednesday and Thursday. Collections for people who need it by minibus for a charge. Lunch is at 12.30 each day and is a three-course hot lunch of soup, cooked meal, hot pudding, tea/coffee for a cost of £2.90. Contact Neesa Donald on 0121 788 1198. Referrals in the main for Day Care are via Social Services, but for Lunch Club can come from any source including self-referral. There is usually a waiting list.

St Gabriel, Weoley Castle

Weoley Castle Community Projects located at St Gabriel's Church Hall run a Day Care Centre every day of the week for up to 30 elderly ladies and gentlemen. We provide tea/coffee and toast on arrival. A 3-course hot meal every day and provide entertainment in various forms including Bingo and sing-a-longs and speakers.

Contact: Jean Hill, Day Care Centre Manager on 0121 478 1785.