

HOW TO MAKE A FOOTBALL 'MALAWI STYLE'



Children in Malawi begin by collecting bits of plastic and plastic bags from the local tip.

You will need two 2ltr plastic bottles, some plastic bags and some duck tape.



They scrunch up the bits of plastic they've found to form a ball shape.

Cut the rounded bottom parts off the two plastic bottles and stick them together using the duck tape to form a 'ball shape'.



They put the crunched up plastic into a plastic bag...

Put the ball-shaped plastic into a plastic bag and wrap it around to keep the ball shape.



.... and then into another bag, and another and another

Keep putting the ball into plastic bags until you have the size ball you want.



Next the children collect off cuts of material from a local factory and knot them into long strips.

Either use pieces of material cut into strips and knotted together or use duck tape instead.



The strips of material are wrapped tightly around the plastic and the knotted.

If you're using material, wrap the strips tightly around the plastic and tie firmly to secure, tucking the ends underneath the strips until you have a firm, round football shape.

If you're using duck tape, wind it tightly around the plastic until you have a firm, round football shape.



To make the football 'smooth' on the outside, the children stitch bits of cloth around the outside.

If you've used material, you will need to stitch pieces of cloth onto the football to cover all the strips and knots.

If you've used duck tape this is unnecessary



The football is now ready to play with!

