

## Welcome.

Welcome and thank you for taking a look at these six bible studies to help you use the Love Life Live Lent booklet.

This is to help you get to grips with how to use the studies to get the most from them with your group.

They are written with 11-18 aged young people in mind and for Christian groups. There is enough material for over an hour's session or you can use one or two of the ideas for a 30 to 40 minute session. There is also a 'God Slot' at the end of each session if you want to use this booklet with your club style groups.

You don't; have to use every idea in the session pick the ones that would be most appropriate for your group but don't be afraid to try some thing new with them too.

Some of the sessions will need more preparation than the others, session two is an example of this so do prepare well in advance and don't leave it till the night before – your group will benefit the most if you are well prepared and know where you want to take them.

Encourage your other leaders to take an active role in the session too.

Most of all enjoy leading your group through lent, pray for them and with them that God will open their eyes to new ways of serving him and their neighbours this Easter time.

God Bless,  
Emma Sargeant